



# Voting By Post

This section explains how you can apply for a postal vote.

# Voting by post

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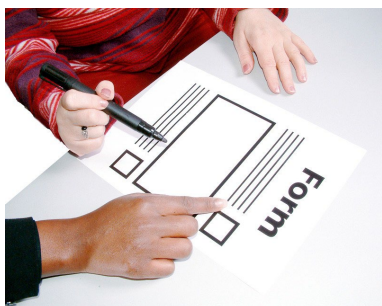
**This section will explain how to vote by post**

You will find out about:

1. What you need to do before an election
2. How to send your vote by post in an election

If you want to apply to vote by post, you can contact your local elections team for a paper form.

Fill in the form and send it off in the post.



You can also apply to vote by post online. Just go to government's website for a postal vote and download the postal vote application:

**[www.gov.uk/government/publications/apply-for-a-postal-vote](http://www.gov.uk/government/publications/apply-for-a-postal-vote)**



You can only apply to vote by post online for UK Parliament general elections, by-elections and recall petitions in England, Scotland and Wales, local elections in England and Police and Crime Commissioner elections in England and Wales.

You cannot apply online for Scottish Parliament or council elections in Scotland, Senedd and local council elections in Wales.

To find out how to contact your local elections team visit **[www.electoralcommission.org.uk/voter](http://www.electoralcommission.org.uk/voter)**

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: 0207 696 6009

# Voting by post

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## What to do before the election

You will need to check when the deadline is to apply to vote by post. You can find that here:

**[www.electoralcommission.org.uk/i-am-a/voter/apply-vote-post](http://www.electoralcommission.org.uk/i-am-a/voter/apply-vote-post)**



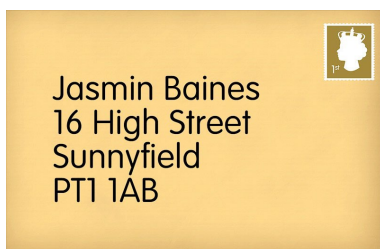
When you fill out your postal vote application form you will need to complete:

- Your name
- Address where you are registered to vote
- How long you want a postal vote for



You can tick a box that says the maximum period of time which is 3 years.

This is only for UK Parliament general elections, by-elections and recall petitions in England, Scotland and Wales, local elections in England and Police and Crime Commissioner elections in England and Wales.



For Scottish Parliament elections and council elections in Scotland, and Senedd elections and local government elections in Wales, you can have a postal vote for an indefinite period.

If you want to vote by post for one election, you should add the date of the election.

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: 0207 696 6009

# Voting by post

## **Address for the ballot paper to be posted to**

Write the address you would like your postal ballot paper to be sent to.

If you are applying for a postal vote for more than one election, this is the address that all future postal votes will be sent to.

# Voting by post



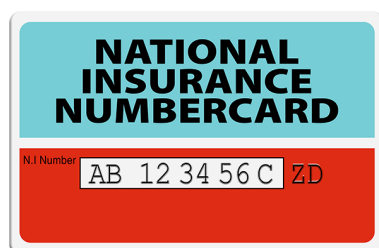
The address is usually your home address but if you are going to be away, for example on holiday, you can add the address where you will be staying.

You will need to say why you want to use this address. Your local elections team can help if you are not sure what to put.



## Declaration

Finally, fill in the 'Your date of birth and declaration' section. Write your date of birth and sign in the box. If you can't sign, get in touch with your local elections team and they can help.



You will also need to provide your National Insurance number for:

- UK Parliament general elections, by-elections and recall petitions in England, Scotland and Wales
- Local elections in England
- Police and Crime Commissioner elections in England and Wales



Then post your form to the address provided.

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email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: 0207 696 6009

# Voting by post

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Before the election, you will receive a postal vote pack with a ballot paper that shows you who you can vote for. You don't need to wait until election day to complete your ballot paper. You can fill in your ballot paper as soon as you are ready.

## How to vote using your postal vote



The postal ballot pack will include a prepaid envelope which you use to send back your ballot paper.



You can also take your postal ballot pack to your polling station on election day.

Need help? You can find out more about voting on the Mencap website: [www.mencap.org.uk/get-involved/campaigning/guides-voting](http://www.mencap.org.uk/get-involved/campaigning/guides-voting)



If you have any questions you can call the Mencap election hotline on **0207 696 6009**.

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: **0207 696 6009**



# The Electoral Commission

Contact information  
email: [campaigns@mencap.org.uk](mailto:campaigns@mencap.org.uk)  
telephone: 0207 696 6009