



# Cumbria Domestic Abuse Partnership



## Working Together to Stop Domestic Abuse

Help is available from the Cumbria Domestic Abuse Partnership if you, or someone you know, needs support.

All Cumbrian district councils are part of the county-wide domestic abuse network providing specialist advice and assistance to anyone within the area who is at risk of losing their home as a direct result of domestic, sexual abuse or exploitation (men, women and children).

## What is Domestic Abuse?

Domestic abuse is any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse (psychological, physical, sexual, financial, emotional) between those aged 16 or over who are or have been intimate partners or family members regardless of gender or sexuality.

The abuser can use a pattern of behaviour(s) that is both abusive and controlling but may not always be violent. This behaviour is designed to give control and power over their victims and isolate them from other people and support. They can also deprive people of their independence and try to control and regulate their everyday behaviour.

The effects of domestic abuse can be both frightening and devastating. If you, or someone you know is suffering from domestic abuse we are here to help - together we can stop domestic abuse.





# How Can We Help?

- Crisis intervention and access to secure emergency accommodation for households in a domestic abuse crisis or identified as being at severe risk of harm from others.
- Non-judgemental personalised help and support to address any immediate safeguarding and longer term rehousing needs identified.
- Specialist housing assessment and support including relocating to another area for those at serious risk of harm.
- Advocacy support working with key partners and statutory bodies to mitigate risks and promote community safety, including advice and assistance to anyone identified who poses a significant risk to others.
- Access to personal and community safety interventions.

## For further information or advice contact:

- Allerdale Borough Council: 01900 702660
- Barrow Women's Community Matters/Barrow Borough Council: 01229 311102 / 01229 876599
- Barrow Borough Council: 01229 876599
- Carlisle City Council: 01228 817079
- Copeland Borough Council: 01946 598300
- Eden Housing Association/Eden District Council: 01768 861400/01768 817817
- South Lakeland District Council: 01539 733333

## Other key contacts:

- Cumbria Police: 101 or in an emergency always call 999
- Victim Support: 0300 303 3797
- OutREACH Cumbria: 0800 345 7440
- National Women's Aid: 0808 2000 247
- National Men's Advice Line: 0808 801 0327
- National Childline: 0800 11 11

For advice and support, visit [www.carlisle.gov.uk/CumbriaDAP](http://www.carlisle.gov.uk/CumbriaDAP)

